CORONA VIRUS

What is COVID-19

Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person. COVID-19 symptoms can range from mild (or no symptoms) to **severe illness**. The virus that causes COVID-19 is a new coronavirus that has spread throughout the world, and it is damaging leading countries in the world such as China and the US. This virus originated from Wuhan China, and it is believed to have been transferred from Bat to Human--making it a **Zoonotic virus**.

HOW DOES THE VIRUS SPREAD

You can become infected by coming into close contact (*about 6 feet or two arm lengths*) with a person who has COVID-19.*COVID-19* is primarily spread from person to person through body contact and droplet infections. You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks. You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.

Protect yourself and others from COVID-19

There is currently no vaccine cite to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19."Stay home as much as possible" and avoid close contact with others. Wear a cloth face covering that covers your nose and mouth in public settings. Clean and disinfect frequently touched surfaces. Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer that contains at least 60% alcohol.